

# April 2024



NEIGHBORHOOD SERVICES UNIT

## Food event Calendar / Calendario de eventos alimentarios

Mon	Tue	Wed	Thu	Fri
<b>1</b>	<b>2</b> BNC - Market Day 8:30am SANC - Market Day 9am EANC - FFFF 9:00am-12:00pm	<b>3</b> SJCC & MCC - Market Day 9am RZNC - Market Day 1:30pm	<b>4</b> SANC - Market Day 9am BNC - FFFF 9:00am-12:00pm	<b>5</b>
<b>8</b> SANC - FFFF & HOPE 9:00am-12:00pm	<b>9</b> BNC - Market Day 8:30am SANC - Market Day 9am	<b>10</b> MCC - HOPE & FFFF 9:00am SJCC - HOPE 8:30am-11:30am RZNC - Market Day 1:30pm SJCC & MCC - Market Day 9am	<b>11</b> SANC - Market Day 9am EANC - HOPE 8:30am-12:00pm	<b>12</b> RZNC - HOPE 8:30am-11:30am
<b>15</b>	<b>16</b> BNC - Market Day 8:30am SANC - Market Day 9am	<b>17</b> SJCC & MCC - Market Day 9am RZNC - Market Day 1:30pm	<b>18</b> SANC - Market Day 9am RZNC - FFFF 9:00am-12:00pm BNC - HOPE 9:00am-12:00pm	<b>19</b> Car Seats - EANC (by appointment only)
<b>22</b>	<b>23</b> BNC - Market Day 8:30am SANC - Market Day 9am SJCC - FFFF 9:00am-11:00am	<b>24</b> SJCC & MCC - Market Day 9am RZNC - Market Day 1:30pm	<b>25</b> SANC - Market Day 9am	<b>26</b>
<b>29</b>	<b>30</b> BNC - Market Day 8:30am SANC - Market Day 9am			



**South Austin Neighborhood Center (SANC)**  
2508 Durwood St.  
Austin, TX 78704  
512-972-6840

**St. John Community Center (SJCC)**  
7500 Blessing Ave.  
Austin, TX 78752  
512-972-5159

**Blackland Neighborhood Center (BNC)**  
2005 Salina St.  
Austin, TX 78722  
512-972-5790

**East Austin Neighborhood Center (EANC)**  
211 Comal St.  
Austin, TX  
512-972-6650

**Montopolis Community Center (MCC)**  
1200 Montopolis Dr.  
Austin, Tx 78741  
512-972-6705

**Rosewood-Zaragoza Neighborhood Center (RZNC)**  
2800 Webberville Rd.  
Austin, TX 78702  
512-972-6740

### Legend / Leyenda

**FFFF** = Fresh Food for Families - Fresh fruits and vegetables / *Frutas y verduras frescas*

**CS** = Car Seat - Car Seat installation for families with children present - event by appointment only / *Instalación de asientos infantiles para automóvil para familias con niños presentes - evento por cita solamente*

**HOPE** = Healthy Options Program for the Elderly - staple food items for people 55+ / *alimentos básicos saludables para personas mayores de 55 años*

**Market Day** = Free food recovered from local grocery stores / *Alimentos gratis recuperados de supermercados locales*

**REMINDER:** Bring your bags with you to all food events / *Traiga sus propias bolsas para todos los eventos de alimentos*



April HUBS Calendar

### Hours of Operation / Horas de operación

**Monday - Thursday / lunes a jueves**  
**7:30am-5:00pm**

**Friday / viernes 8:00am- 12:00pm**

# April 2024



NEIGHBORHOOD SERVICES UNIT

Health HUBS Event Calendar / Calendario de HUBS de salud

Mon	Tue	Wed	Thu	Fri
1	2 EANC - HUB 9:00am-12:00pm SANC - HUB 9:00am-11:00am	3 MCC - HUB 9:00am-11:00am SJCC - HUB 9:00am-11:00am RZNC - HUB 9:00am-11:00am	4 BNC - HUB 9:00am-12:00pm	5
8	9 EANC - HUB 10:00am-12:00pm SANC - HUB 9:00am-11:00am BNC - HUB 8:30am-9:30am	10 MCC - HUB 9:00am-11:00am SJCC - HUB 9:00am-11:00am RZNC - HUB 9:00am-11:00am	11	12
15	16 EANC - HUB 10:00am-12:00pm SANC - HUB 9:00am-11:00am BNC - HUB 8:30am-9:30am	17 MCC - HUB 9:00am-11:00am SJCC - HUB 9:00am-11:00am RZNC - HUB 9:00am-11:00am	18 BNC - HUB 9:00am-12:00pm	19
22	23 EANC - HUB 10:00am-12:00pm SANC - HUB 9:00am-11:00am BNC - HUB 8:30am-9:30am	24 MCC - HUB 9:00am-11:00am SJCC - HUB 9:00am-11:00am RZNC - HUB 9:00am-11:00am	25	26
29 SJCC - HUB 9:00am-11:00am	30 EANC - HUB 9:00am-12:00pm SANC - HUB 9:00am-11:00am BNC - HUB 8:30am-9:30am			



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**HUBS =**

Health Screenings by a Registered Nurse for diabetes & heart disease including blood sugar and blood pressure checks. *Exámenes médicos de una enfermera para diabetes y el corazón, incluyendo chequeos de azúcar en la sangre y presión arterial.*

The following health screenings are available for free:

- Blood Pressure
- A1c Testing
- Blood Sugar Reading
- Cholesterol Testing
- General Health Information & Resources

Los siguientes exámenes médicos están disponible sin costo alguno:

- Presión
- Prueba de A1c
- Lectura de azúcar
- Prueba de colesterol
- Información y recursos de salud en general

**Hours of Operation / Horas de operación**

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April Food Calendar